



CHRIST CHURCH GRAMMAR SCHOOL

PREPARATORY SCHOOL SUMMER MENU 2009-2010

Please write child's name, date, school year and order on a lunch bag

Place money inside **folded bag** in class lunchbox

(**please do not staple or tape bags**).

Whenever possible, please enclose the **correct money**

Please state clearly, CASHLESS, on the bag if using the cashless system

GREEN OPTIONS - HEALTHY CHOICE

AMBER OPTIONS - SELECT IN MODERATION

Please note that we cannot accommodate variations

G PRE MADE SANDWICHES \$3.00 **G PRE MADE ROLLS \$4.00**

Ham	Cheese	Ham & Salad
Ham & Cheese	Cheese & Salad	Cheese & Tomato
Chicken & Salad	Chicken & Mayo	Beef & Salad
Beef & Tomato	Tuna & Salad	Tuna & Mayo
Egg & Salad	Egg & Mayo	Vegemite & Cheese
Chicken	Chicken & Cheese	

Vegemite or Honey Sandwich **\$2.00**

Club Sandwich - Chicken or Beef **\$3.50**

Butter add **30c**

Extra Sauce add **40c**

Toasted add **40c**

G HOT OPTIONS \$3.80

Lasagne	Macaroni Cheese	Twirls (bolognaise)
Beefy Mash	Chilli Beef	Veggie Curry
Tuna Pasta Bake	Chicken Pasta Crumble	

G PLATTERS \$4.50

Meat & Salad	Salad (with egg & cheese)
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G MINI PLATTERS \$3.50

G SALADS \$3.50

Potato Salad	Pasta Salad	Chicken Salad
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Snack Plate

- Vegetarian (Carrot Sticks, Celery Sticks, Capsicum, Cucumber, Tomato, Cheese, Crackers, Boiled Egg)
- Chicken (Carrot Sticks, Celery Sticks, Capsicum, Cucumber, Tomato, Crackers, Chicken Drumstick)

G SUSHI TUNA/TERIYAKI CHICKEN/COMBO

5pc - **\$4.20**

8pc - **\$5.80**

G DRINKS

Water 600ml	\$1.40
Milk 225ml – Hi Lo Reduced Fat Milk	\$1.20
Calcyum Milk 250ml , Strawberry, Chocolate	\$1.80
Golden Circle Juices 250ml	\$1.40
• Orange, Apple, Tropical, Apple & Blackcurrant	
L.O.L. Carbonated Fruit Juice, Raspberry and Tropical	\$2.00

LUNCH SPECIALS

MONDAY

G Aussie Beef Burger with Beetroot	\$4.00
G Chicken Fillet Burger with Pineapple	\$4.00
Choice of squeezable sauce	
Tomato/ BBQ/ Sweet chilli/ Mustard	40c

TUESDAY

G Japanese Beef Curry and Rice	\$4.50
A Sausage Roll (180 grams)	\$2.50
Choice of squeezable sauce	
Tomato/ BBQ/ Sweet chilli/ Mustard	40c

WEDNESDAY

G Hokkien Chicken Noodles	\$4.50
G Teriyaki Chicken & Rice	\$4.50

THURSDAY

G Chicken Fried Rice	\$4.50
A Chilli Chicken Sub	\$4.00
Choice of squeezable sauce	
Tomato/ BBQ/ Sweet chilli/ Mustard	40c

FRIDAY

A PIES: Meat/Potato (180 grams)	\$2.50
A Burrito	\$3.50
• Beef	
• Chicken	
• Bean & Cheese	
G Teriyaki Chicken & Rice	\$4.50

EXTRAS

Chicken Drumsticks	\$1.80
Cheese Portions	80c
Crackers	30c
G Fresh Fruit	\$1.00
G Fresh Fruit Salad	\$3.00
G Fruit Cup	
• Diced Peach, Diced Pear	\$1.50
G Calciyum Dairy Snack (Yo-Go)	\$1.60
• Chocolate	
G Fruit Yoghurt	\$1.60
A Go Fruit School Straps	60c
A K-Time Twist	
• Strawberry & Blueberry, Strawberry & Yoghurt	\$1.40
A Milo Bar	\$1.40
A Muffins, Cakes & Biscuits	
• Blueberry Muffin, Apple Muffin	\$1.60
• Blueberry, Pineapple & Passionfruit Cake	\$1.60
• Orange & Poppy seed Cake	\$1.60
• Ginger Bread Man	\$2.00
Ovalteens	\$1.00
A Popcorn	\$1.40
Sauce	40c

Prices may alter without prior notice

Christ Church Grammar School

www.ccgswa.edu.au

Phone: 9442 1583

Facsimile: 9385 0624

Email: canteen@ccgswa.edu.au

CANTEEN MENU SUMMER 2009/2010

GREEN OPTIONS – HEALTHY CHOICE

AMBER OPTIONS – SELECT IN MODERATION

G ASSORTED SANDWICHES	\$3.00
A CLUB SANDWICHES	\$3.50
G ASSORTED ROLLS	\$4.00
G ASSORTED WRAPS	\$3.80
A GOURMET ROLLS	\$4.50
A GOURMET SANDWICH	\$4.00

HOT OPTIONS

G Focaccia	\$2.50
A Pizza Roll	\$3.00
A ½ Pizza Roll	\$1.50
A Garlic Roll	\$2.00
A ½ Garlic Roll	\$1.00
A Cheesy Roll	\$2.50
A ½ Cheesy rolls	\$1.30
A Burrito	\$3.50
• Beef, Chicken, Bean & cheese	
G Lasagne, Macaroni Cheese, Spaghetti bolognaise	\$3.80
G Beefy Mash, Chilli Beef, Veggie Curry, Tuna Pasta Bake, Chicken Pasta Crumble	\$3.80

PLATTERS

A Meat & Salad	\$4.50
G Salad (with egg & cheese)	\$4.50

SALADS

G Fruit Salad	\$3.00
A Potato Salad	\$3.50
A Pasta Salad	\$3.50
A Chicken Salad	\$3.50
G Snack Plate	\$3.50
• Vegetarian (Carrot Sticks, Celery Sticks, Capsicum, Cucumber, Tomato, Cheese, Crackers, Boiled Egg)	
• Chicken (Carrot Sticks, Celery Sticks, Capsicum, Cucumber, Tomato, Crackers, Chicken Drumstick)	

G SUSHI TUNA/TERIYAKI CHICKEN/COMBO

5pc	\$4.20
5pc Delux (Ebi, Inari, Tamago)	\$5.00
8pc	\$5.80

RECESS SPECIALS

\$2.50

MONDAY	A Chico Roll	
	A Beef Roll	
	A Pizza Pocket	
TUESDAY	G Toasted Turkish	
	G English Breakfast Muffins	
	A Chicken Breast Nuggets	
WEDNESDAY	G Toasted Turkish	
	G English Breakfast Muffins	
	A Chicken Breast Nuggets	
THURSDAY	A Chico Roll	
	A Beef Roll	
	A Pizza Pocket	
FRIDAY	G Toasted Turkish	
	G English Breakfast Muffins	
	A Chicken Breast Nuggets	

LUNCH SPECIALS

MONDAY	G Aussie Beef Burger with Beetroot	\$4.00
	G Chicken Fillet Burger with Pineapple	\$4.00
TUESDAY	G Japanese Beef Curry and Rice	\$4.50
	A Sausage Roll (180 grams)	\$2.50
WEDNESDAY	G Hokkien Chicken Noodles	\$4.50
	G Teriyaki Chicken & Rice	\$4.50
THURSDAY	G Chicken Fried Rice	\$4.50
	A Chilli Chicken Sub	\$4.00
FRIDAY	A PIES: Meat/Potato (180 grams)	\$2.50
	G Teriyaki Chicken & Rice	\$4.50

EXTRAS

Cheese Portions	80c
Crackers	30c
A Chips	\$1.40
G Fresh Fruit	\$1.00
G Fruit Salad Tub	\$3.00
G Fruit Cup	\$1.50
• Diced Peach, Diced Pear	
G Fruit Yoghurt	\$1.60
G Calcium Dairy Snack	\$1.60
• Chocolate (Yo-Go)	
A Go Fruit School Straps	60c
A K-Time Twist	\$1.40
• Strawberry & Blueberry	
• Strawberry & Yoghurt	
A Milo Bar	\$1.40
A Muffins, Cakes & Biscuits	
• Blueberry Muffin, Apple Muffin	\$1.60
• Blueberry, Pineapple & Passionfruit Cake	\$1.60
• Orange & Poppy seed Cake	\$1.60
• Ginger Bread Man	\$2.00
A Ovalteens	\$1.00
A Popcorn	\$1.40
Sauce	40c

ICE CREAMS

A Popsicle	\$1.30
• Banana	
• Rainbow	
• Swell	
A Bucket – Light Vanilla	\$1.30
G Juicy Fruit Sticks	60c
A Moo	\$1.50
• Chocolate	
• Strawberry	
A Milo Smoothstick	\$1.30
A Billabong	\$1.30
• Chocolate	
• Triple Swirl	

DRINKS

G Chill Flavoured Milk 600ml	\$3.00
G Chill Flavoured Milk 300ml	\$1.80
G Hi Lo Milk 600ml	\$1.50
G Hi Lo Milk 225ml	\$1.20
G Up & Go Liquid Breakfast	\$1.60
A Black Label Pop-Top	\$3.00
• Orange	
• Apple	
A Orange C 600ml	\$2.20
A Orange C 300ml	\$1.40
A Original Juice Pineapple 350ml	\$2.00
G Golden Circle Juices 250ml	\$1.40
• Orange	
• Apple	
• Tropical	
• Apple & Blackcurrant	
G L.O.L. 250ml Carbonated Fruit Juice	\$2.00
G Water 600ml	\$1.40
A Play Fruitwater 500ml	\$2.50

PRICES MAY ALTER WITHOUT PRIOR NOTICE

The Canteen is open for 15 minutes most Mondays to
Thursdays straight after school