



Christ Church
Grammar School
PERTH, WESTERN AUSTRALIA

Ad Astra

Organise Yourself



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Organisation

**Organisation is not a trait most of us are born with,
it's something that must be learned and then
practiced.**





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Neural Pathways

Train your Brain





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More Pathways – build a routine





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Set Up Your Space

- **Getting yourself organised is the first and most important step for effective study.**
- **Discover some practical, easy ways to organise your self, your space and your stuff!**





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Tips for Home

- Desk – tidy work place
 - extra space - box
 - yearly planner
 - assignment list



- Mobile - out of the room

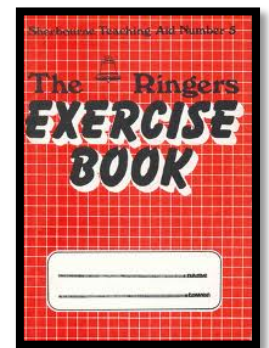
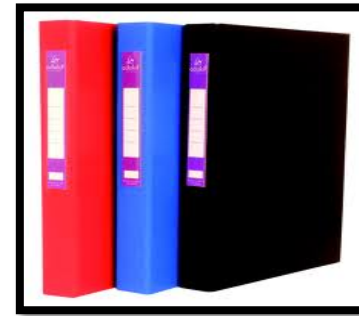




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Essentials

- Files colour - coded
- Extra files – for home
- Exercise book
- Palm cards
- Highlighters
- Sticky notes

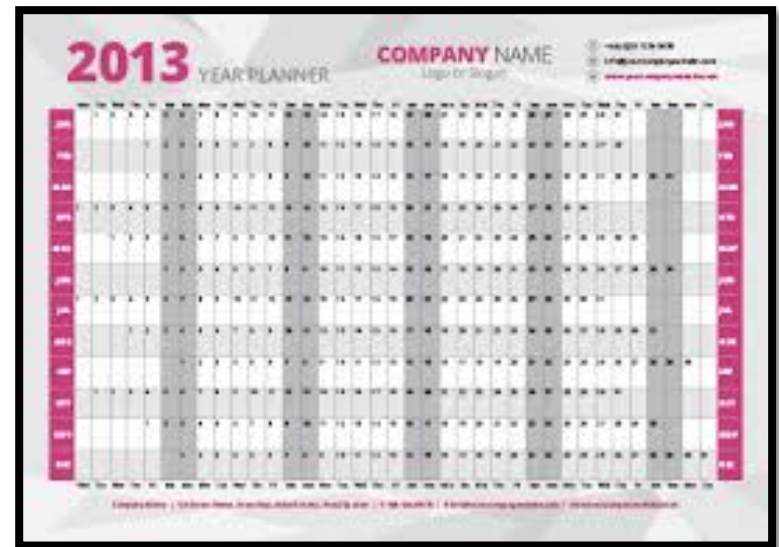




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Assignments

- Wall chart for assignments
- Cross off finished work
- Plan ahead

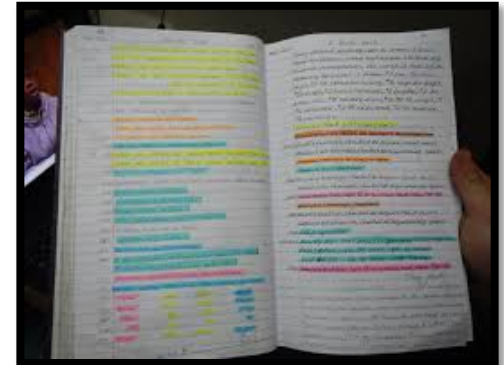




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Colour

- If you use highlighters, use more than one colour.
- Take your notes in color and organize the various paragraphs or topics by colour.





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Colour

- **The brain sees and remembers the colour first, then the colour activates the memory!**
- **Colour is a most powerful stimulus for the brain.**



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Affirmation

- One student, who started using colour in her homework, raised her marks by 20 points and made the Dean's list for academic achievement for the first time in her 3rd year of college, stated that she and her boy friend were studying for a test and she told him:

**"It is in the green part of my notes,
I know I wrote that in green."**



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Extra Helpful Tips

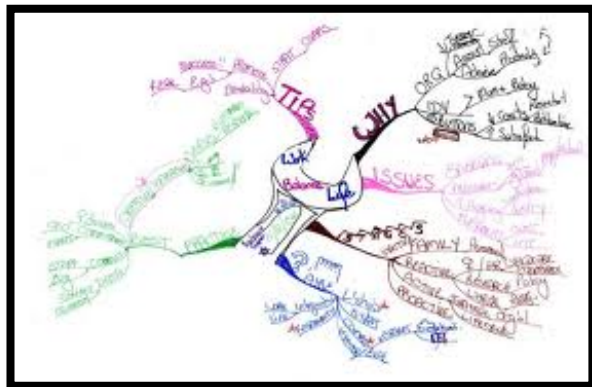
- Room - same place
- Light
- Books & pens
- Files
- Desk
- Storage
- Study buddy - choose wisely!!!





And More Tips

- **Study with a friend – learn to teach**
- **Mind maps – the brain likes colour and images**





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Good Luck

