

# SUBURBAN LIONS HOCKEY CLUB

## 2019 MINKEY AND CUBS



### LEARN TO PLAY HOCKEY AND HAVE FUN AT MELVISTA PARK NEDLANDS

Suburban Lions prides itself on its junior development and is one of the most successful junior clubs in WA including being awarded the Kyle Rutter Trophy for the best junior club for 2016 by Hockey WA.

It all starts with the Minkey and Cubs and we are pleased to again offer the program for 2019 at Melvista Park, Nedlands on Saturday mornings commencing May 11th and finishing August 17th.

Teams are school or community based. It's a lot of fun and safe and the club will help with coach support if required. **TEAM NUMBERS ARE LIMITED**

#### Minkey for Yrs 1 & 2

Played on ¼-sized field and is designed to give kids the opportunity to learn basic skills, develop fundamental motor skills and have fun.

Teams have 7 players on field and can be boy/girl mix. Games start from 8.00 am.

#### Cubs for Yrs 3 & 4

Begins the transition to full hockey played on ¾-sized field. Emphasis is on next stage development but OK for beginners too. Games start from 8.45 am

Teams have 9 players on field including goalie and can be boy/girl mix.

#### Training at Melvista

Minkey – Thursdays 3.45 - 4.30 pm

Cubs – Fridays 3.45 - 4.30 pm

#### Equipment

Teams usually wear their school sports uniform or agreed team uniform.

Kids need stick, mouth guard, shin pads and hat.

See the Lions Club Shop on our website news.

#### Coaching

You can appoint your own coach or the club can assist finding one for you which is usually an older junior player (team may have to pay).

The club will provide assistance and coach the coaches program.

#### Holiday Clinics

The club offers skills clinics during school holidays through the Lions Academy. See website.

### 2019 Calendar

Early Feb – Registrations open

March 22 – Registrations close

April 15 to April 26 Holidays  
Optional clinic - see website

May 2nd Thurs (Minkey) & 3rd Friday (Cubs)  
First pre-season training at Melvista Oval

May 9th Thurs & 10th Friday  
Second pre-season training at Melvista Oval

#### Saturday Morning Games

May 11 – Game 1

May 18 – Game 2

May 25 – Game 3

June 1 – WA Day no game

June 8 – Game 4

June 15 - Game 5

June 22 - Game 6

June 29 - Game 7

6 - 21 July School Hols No games - optional clinic - see website

July 27 - Game 8

August 3 - Game 9

August 10 - Game 10

August 17 - Game 11 & end of season wind up

#### How to Register

All players are to be registered individually online from early Feb via the [Suburban Lions Website](http://Suburban Lions Website) by Friday, March 22<sup>nd</sup>. School based teams please appoint a manager to collate their players and confirm to [secretary@suburbanlions.org](mailto:secretary@suburbanlions.org). If you don't have enough for a whole team or want to register an individual let us know and we will endeavor to include with another group.

All players need to be registered to be covered by insurance.



### FOLLOW US AND CONTACT US

 [suburbanlions.org](http://suburbanlions.org)

 @Suburbanlionshc

 Subs Lions Hockey

 [secretary@suburbanlions.org](mailto:secretary@suburbanlions.org)

 [suburban\\_lions](https://www.instagram.com/suburban_lions)

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