



Christ Church Grammar School

Preparatory School Winter Canteen Menu

Terms 2 and 3 2019

- G** – Healthy choice
- A** – Select in moderation
- GF** – Gluten-free
- V** - Vegetarian

The Canteen is open after school
from 3.00pm to 3.30pm
Monday to Thursday

9442 1583
canteen@ccgs.wa.edu.au

Prices may alter without prior notice

Daily lunch specials

Monday

- A** Beef Cruiser Pie \$4.00
- A** Pepper steak Pie \$4.00
- A (V)** Spinach & Ricotta Roll \$4.00
- A (GF)** Beef Pie \$4.00
- G** King Pao Chicken **(NUT FREE)**\$5.00
- A** Hot Dog \$3.00

Tuesday

- G** Butter Chicken & Rice \$5.00
- A** Party Pies (2 per serve) \$3.00
- A (V)** Vegetarian Pastie \$4.00
- G (GF)** Teriyaki Chicken & Steamed Rice \$5.00
- G** Beef Ravioli Tomato Sauce \$5.00

Wednesday

- A** Chicken Breast Nuggets (5per Serve) \$3.00
- A (GF)** Chicken Nuggets (5 per serve) \$3.00
- G** Beef Dumpling Soy & Chilli Sauce \$4.00
- A** Vegetarian nachos **(V)** \$5.00

Thursday

- G** Crispy Fish Fingers 3per serve \$3.00
- G** Combination Noodles \$5.00
- A** Chilli Chicken ,Cheese ,Salad & Mayo Sub \$5.00
- G** Vegetarian Burger Salad & Sauce **(V)**\$5.00
- A (GF)** Sausage Roll \$4.00

Friday

- A** Turkish Bread Ham & Cheese\$5.00
- G (GF)** Teriyaki Chicken & Fried Rice \$5.00
- A** Sausage Roll \$4.00
- A (V)** Spinach & Cheese Roll \$4.00

Sandwiches and wraps

- G Sandwich \$4.00
- G Club \$5.00
- G Wholemeal roll \$5.00

Choose your fillings

Cheese, chicken, egg, ham, tuna, mixed salad, cucumber, lettuce, tomato, avocado, mayonnaise, mustard

Butter add 50c | Toasted add 50c

- Vegemite sandwich \$2.50
- G Wrap \$6.00
- G ½ Wrap \$3.00

- Continental – ham, cheese, olives, salsa, salad
- Chicken – chicken, avocado, salsa, salad
- Egg – egg, mayonnaise, sprouts and salad
- Cheese – cheese, sundried tomato pesto, salsa, salad
- Caesar - chicken, bacon, cheese, lettuce, mayonnaise

Hot daily options

- G Focaccia \$3.00
Bacon, ham and pineapple, meat supreme, margarita or vegetarian

- G Pasta dishes \$5.00
Macaroni cheese, spaghetti bolognese w/cheese, spaghetti bolognese w/no Cheese

Vegetarian lasagna, beef lasagna, potato gnocchi w/cheese, potato gnocchi w/no Cheese

G Rice dishes

- G Combination Fried Rice \$5.00

- G Vegetarian Fried Rice \$5.00

Sushi and salads

G Sushi roll

Tuna, vegetable (V) teriyaki chicken (GF), katsu chicken, smoked salmon (GF), caliifornia (GF)

3pc - \$3.50 5pc - \$5.00 8pc - \$6.50

- G Rice paper spring rolls \$6.00

Chicken, tuna, prawn, and combination

- G Caesar salad bowl \$6.00

Salad tub coleslaw or Greek \$3.50 G

Snack plate Hommus dip. vegies & Crackers \$4.00

- Vegetarian – carrot sticks, celery sticks, capsicum, cucumber, tomato, cheese, crackers, boiled egg **\$5.00**
- Chicken – carrot sticks, celery sticks, capsicum, cucumber, tomato, crackers, chicken drumstick **\$5.50**
- Tuna mixed with relish – carrot sticks, celery sticks, capsicum, cucumber, tomato crackers **\$5.00**

- G Fruit salad \$3.50

- G Fruit cup 140g tub..... \$1.60

- G Piece of fruit - apple or orange \$1.00

- G Calci Yum dairy snack chocolate \$2..50

- G Yoghurt \$2.50

Strawberry, tropical, vanilla, mango

- A Fruit straps ...\$1.00

- G Sunbeam dried fruit snack \$1.00

Sultanas, apricot and sultanas, apple and sultanas

- A Snack bars \$2.00

K-Time Twist, Milo bar

- A Cinnamon scrolls \$3.00

- A Muffins \$3.00

Apple and cinnamon, raspberry, blueberry, chocolate,

- A Banana bread \$3.00

- A Ginger bread man 30g \$2.50

- A Cakes \$3.00

- G Cheese portion \$1.00

- A Crackers 50¢

- A Popcorn \$1.60

- Sauce sachets 50¢

Tomato, BBQ, sweet chilli, mustard, mayonnaise

Drinks

- G Water 600ml \$2.00

- G Hilo milk 225ml \$1.60

- G Flavoured milk 300ml..... \$2.00

Strawberry, chocolate, , banana

- A Golden Circle juice 250ml \$2.00

Apple, apple and blackcurrant, orange, tropical

- A LOL fruit juice \$2.50

blackcurrant, razz, and tropical

- G Up & Go \$2.00

Banana, chocolate, strawberry, vanilla