

Weeks 1 and 5	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast						Continental Breakfast	Full English Breakfast
Morning Tea	Apple & Cinnamon Muffins	Chocolate Donuts	Fruit Salad	Bacon & Egg English Muffin	Custard Tarts	N/A	N/A
Lunch	See Lunch Menu	See Lunch Menu	See Lunch Menu	See Lunch Menu	Chefs Special	MYO Sandwich Bar, 3 Hot Options	MYO Sandwich Bar, 3 Hot Options
Afternoon Tea	Brownie	Homemade Pies	Cookies	Cake or Slice	Vegetarian Quiche	N/A	N/A
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Dinner Option One	Char Sui Pork Stir-Fry w Noodles	Tandoori Chicken Drumsticks	Chilli Plum & Ginger Pork Belly	Beef Vindaloo	BBQ Night	Moroccan Beef Tagine	Roast Beef
Dinner Option Two	Beef Tacos	Beef & Black Bean	Chicken Bolognaise	Sticky Chicken Wings	BBQ Night	Sweet & Sour Chicken	Roast Lamb
Vegetables	Steamed Mixed Vegetables	Cauliflower Gratin	Broccoli & Beans	Sweet Potato, Spinach & Cauliflower	Fresh Corn Cobbs	Stir-Fried Vegies	Mixed Roast Vegies
Starch	Mexican Baked Potato	Steamed Rice	Spaghetti / Rice	Steamed Rice	Baked Potato w Sour Cream & Bacon	Steamed Rice	Roasted Potatoes
Dessert	Select from Fruit Salad, Fruit Platter or Homemade Sweets						
Supper	Daily choice of sweet or savory snacks					N/A	N/A

Weeks 2 and 6	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast						Continental Breakfast	Full English Breakfast
Morning Tea	Breakfast Wraps	Yoghurt Cups	Ham & Cheese Toasties	Sausage Rolls	Lamingtons	N/A	N/A
Lunch	Special lunch menu	Special lunch menu	Special lunch menu	Special lunch menu	Chefs Special	MYO Sandwich Bar, 3 Hot Options	MYO Sandwich Bar, 3 Hot Options
Afternoon Tea	Anzac Biscuits	Homemade Sausage Rolls	Cupcakes	Scroll	Muesli Slice	N/A	N/A
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Dinner Option One	Curried Sausages	Shepherds Pie	Italian Meatballs	Chicken Paella	BBQ Night	Beef Lasagna	Char Sui Pork
Dinner Option Two	Chicken Parma	Honey Soy Chicken Thighs	Thai Green Chicken Curry	Stuffed Hoki Rolls w Beurre Blanc Sauce	BBQ Night	Lamb Shanks	Beef Brisket
Vegetables	Broccoli, Carrot & Corn	Steamed Mixed Vegetables	Broccoli & Cheese Sauce	Vegetable Medley	Grilled Vegetables	Broccoli & Carrots	Roast Vegetables
Starch	Potato Gratin	Steamed Rice	Rice/Pasta	Parsley Potato	Mac & Cheese	Potato Bake	Garlic & Thyme Roasted Potatoes
Dessert	Select from Fruit Salad, Fruit Platter or Homemade Sweets						
Supper	Daily choice of sweet or savory snacks					N/A	N/A

Weeks 3 and 7	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast						Continental Breakfast	Full English Breakfast
Morning Tea	Jam Donuts	Fruit Salad	Mexican Wrap	Banana & Oat Muffin	Party Pies	N/A	N/A
Lunch	Special lunch menu	Special lunch menu	Special lunch menu	Special lunch menu	Chefs Special	MYO Sandwich Bar, 3 Hot Options	MYO Sandwich Bar, 3 Hot Options
Afternoon Tea	Scones	Tandoori Chicken Filo's	Marble Cake	Chocolate Chip Biscuits	Banana Cake	N/A	N/A
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Dinner Option One	Beef, Bacon & Potato Stew	Mongolian Pork	Char Sui Pork Stir Fry	Cottage Pie	BBQ Night	Battered Hoki Fillets	Roast Lamb
Dinner Option Two	Deviled Chicken Wings	Osso Bucco	Chicken Burritos	Butter Chicken	BBQ Night	Beef Tikka Marsala	Roast Beef
Vegetables	Broccoli & Cauliflower Gratin	Stir-Fried Veg	Mixed Greens	Broccoli, Carrot & Corn	Mixed Vegetables	Green Peas	Honey Carrots
Starch	Steamed Rice / Roast Potato	Steamed Rice / Crushed Potato	Steamed Rice	Steamed Rice	Crushed Potato	Chips	Salt & Pepper Roasted Potatoes
Dessert	Select from Fruit Salad, Fruit Platter or Homemade Sweets						
Supper	Daily choice of sweet or savory snacks					N/A	N/A

Weeks 4 and 8	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Breakfast						Continental Breakfast	Full English Breakfast	
Morning Tea	Toasties	Yoghurt Cups	Breakfast Wraps	Fruit Salad	Caramel Slice	N/A	N/A	
Lunch	Special lunch menu	Special lunch menu	Special lunch menu	Special lunch menu	Chefs Special	MYO Sandwich Bar, 3 Hot Options	MYO Sandwich Bar, 3 Hot Options	
Afternoon Tea	Afghans	Pizza Scrolls	Mud Cake	Bacon & Egg Pies	Muesli Slice	N/A	N/A	
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	
Dinner Option One	Chilli, Lime & Coriander Chicken Thighs	Red Curry Hoki Fillets	Roast Chickens	Grilled Steaks	BBQ Night	Chicken & Leek Pie	Roast Pork w Crackle	
Dinner Option Two	Beef Chow Mein	Beef & Mushroom Casserole	BBQ Beef Ribs	Crumbed Chicken Fillet Burgers	BBQ Night	Beef Korma	Silverside	
Vegetables	Steamed Broccoli, Carrot, & Beans	Stir-Fried Vegies	Roast Sweet Potato & Rocket	Steamed Mixed Vegetables	Roast Veggies	Steamed Mixed Vegetables	Broccoli & Cauliflower Gratin	
Starch	Steamed Rice	Crushed Chats / Steamed Rice	Mashed Potato	Chips	Meat Lovers Pasta Bake	Steamed Rice	Roast Potatoes	
Dessert	Select from Fruit Salad, Fruit Platter or Homemade Sweets							
Supper	Daily choice of sweet or savory snacks						N/A	N/A

CCGS Lunch Menu - Term 4 2019

Monday

1. Chunky Steak Pie
2. Mac & Cheese & Bacon Pie
3. Chicken Caesar Wrap
4. Garden Salad Box

Tuesday - Burger Day

1. Beef Burger
2. Chicken Schnitzel Burger
3. Crumbed Fish Burger
4. Pulled Pork Burger

Wednesday

1. Tandoori Chicken Baguette
2. Ham, Cheese, Tomato & Salad Turkish
3. Roast Turkey & Salad Roll
4. Thai Beef Salad

Thursday

1. Nachos
2. Sweet Chilli Chicken Sub
3. Smoked Salmon Sushi
4. Grilled Chicken Salad