



Christ Church
Grammar School

KOORINGAL OUTDOOR EDUCATION CENTRE

Year 5 Camp Information 2021

Outdoor Education and participation in the program at Kooringal is seen as a significant and compulsory part of a Christ Church Grammar School student's education. The activities and challenges of camp are designed to promote an enhanced awareness of self, living with others and the environment.

Kooringal is the School's Outdoor Education Centre, approximately 90 km South of Perth. Accommodation is in dormitories, with a fully equipped kitchen and dining facilities. Meals are fully catered, hearty and nutritious, there is no extra food required by the boys.

The program makes full use of outside areas, including areas of natural bush and the Murray River.

Each Year 5 Outdoor Education Camp will run for three days, the boys will be involved in a variety of activities including bushwalking, environmental awareness, campcraft skills, rafting and overnight camping.

Please find attached a list of items required for the camp, many of which are available from the Uniform Shop. It is not necessary to buy new equipment; borrowing or hiring are both good options. A similar equipment list is issued for the Year 6, 7, 8, 9 and 10 Outdoor Education experiences; therefore, your son will make good use of the items if you do decide to purchase them.

Dates:

- 5JJ Tuesday 2 March – Thursday 4 March
- 5SH Tuesday 2 March – Thursday 4 March
- 5CF Monday 8 March – Wednesday 10 March
- 5SM Monday 8 March – Wednesday 10 March

The following guidelines apply to all groups:

- Boys are to leave their big bags downstairs at Manjar Square by 8.30 am and then assemble in their classroom to be ready for a 9.00 am departure.
- Boys will **return to school at 2.30pm** and can be collected from the bus bay in Queenslea Drive.
- Boys should bring a small backpack with a full one-litre water bottle, pen and hat on the bus to assist them with their personal organisation.
- All meals will be provided by Kooringal staff. Boys are not permitted to bring any food with them, unless it is for medical reasons and by prior arrangement with the Director of Kooringal.
- Life at Kooringal is very active and at times demanding. Those students with health issues should consult with their classroom teacher and for more serious problems, their doctor as well as advise their son's teacher or the Director of Kooringal, Mr Ryan Myles, as to special care requirements.
- To assist with our Kooringal processes, all parents need to ensure their son's Consent2Go medical details are current (www.mcbschools.com/ccgs/StudentUpdate). This assists us in both the planning and management of your son's Kooringal experience. You will receive an email shortly giving due dates for this information.
- Any queries should be directed to your son's class teacher or to the Director of Kooringal, Mr Ryan Myles, on 9538 1061 or kooringal@ccgs.wa.edu.au

Year 5 Camp Equipment List 2021

GENERAL ADVICE

The attached list contains the items required for the various conditions and activities you may encounter during your camp. Depending on weather conditions, you will use all or most of them so please bring **EVERYTHING** listed, except where indicated optional. A duffel bag or suitcase is suitable for carrying clothing and equipment to Koorungal.

TRAVELLING CLOTHES

The clothing you travel into camp is **additional** to your clothing list. Travelling clothes will be put away to ensure you have a clean set of clothes in which to return home.

MEDICATIONS

If you are on any prescribed medications, please bring them with you and inform your class teacher who will inform the Koorungal staff. Make sure details concerning medications etc are accurately outlined on 'Consent2Go'.

THE FOLLOWING ITEMS ARE NOT ALLOWED TO BE BROUGHT TO CAMP

- Mobile Phone's, Smart Watches, Electronic games, radios etc
- Extra food or 'junk' food such as chips, lollies, chocolate, chewing gum etc
- Aerosols or pump packs
- Any items contrary to normal school rules
- Any form of pocketknife

Sleeping bags are preferably of a synthetic material such as Quallofil or Hollofil as this type will maintain some warmth even when wet. The sleeping bag available in the school Uniform Shop is ideal and can be used on all CCGS camps. A sleeping bag liner is highly recommended, it improves the thermal qualities of the sleeping bag and helps keep the bag clean. A bag liner can be made from an old sheet or from a length of rayon or silk material or may be purchased from outdoor equipment shops.

Enclosed **footwear** should be worn at all times during outdoor activities. Thongs, sandals or scuffs may be brought to Camp, but are **ONLY** to be worn between the showers and the dormitories.

CLOTHING AND EQUIPMENT

MOST EQUIPMENT AND CLOTHING CAN BE PURCHASED FROM THE

UNIFORM SHOP PHONE 9442 1716 FOR ADVICE.

- Waterproof jacket
- Sleeping bag
- 1 x WOOLLEN or polar fleece pullover - light to medium for general use
- 1 x pair tracksuit pants or similar
- Hat with broad brim for sun protection
- 1 x pair bathers
- Tube of insect bite cream
- Torch - lightweight, (minimum) two battery, head torches are ideal, have 1 set of spare batteries and globe. Remember to remove batteries for transport
- 1 x **heavy duty** large plastic bag for dirty clothing
- 30+ Sunscreen
- Swim wear – boardshorts and rash vest
- Novel / reading material
- 1 x pair of sports shoes or lace up walking boots, must be durable and in good condition – Not elastic sided boots
- 1 x pair of shoes that can be worn in the water (e.g. old sports shoes or booties)
- 2 x T-Shirts or long-sleeved cotton shirts
- 2 x pair of shorts
- 2 x pairs light to medium wool or wool/nylon mixture socks
- 2 x towels
- 2 x pairs of underwear
- Bathroom Kit: include soap, roll-on deodorant, toothbrush/paste, comb
- Writing material (pencil/pen/notebook/coloured pencils - in pencil case)
- Roll-on insect repellent
- Pillow and pillow case
- 1 litre water bottle eg. soft drink bottle, NOT milk bottles
- Thongs / slides / sandals

OPTIONAL ITEMS

- Camera (disposable and waterproof is recommended)
- Card games

MARK ALL EQUIPMENT AND CLOTHING WITH YOUR NAME TO AVOID CONFUSION OR LOSS