



Christ Church Grammar School





Outdoor Education Centre





The Philosophy of Kooringal

To develop a positive attitude and respect for ones self, others and the environment through a challenging and supportive community





Outdoor Education at CCGS KOORINGAL OUTDOOR EDUCATION

The Four C's

- Care (self, others, environment)
- Co-operation
- Compromise
- Communication

Journaling and Reflection Personal challenge, by choice







OUTDOOR FDUCATION

Outcomes from Kooringal

- Overcoming personal challenges
- Physical and mental health and well-being
- Resiliency
- Strengthening of character
- Care for self, others, environment
- Leadership of others and self
- Environmental awareness, sense of community, service
- Opportunity for personal growth beyond Queenslea Drive



Sequential Program Year 4 – Year 11

We aim for our students to;

- Build new and existing friendships
- Be challenged and learn how to take healthy risks
- Experience leadership and responsibility
- Improve community living skills
- Develop an appreciation for the natural environment



KOORINGAL OUTDOOR EDUCATION





Year 5 at a glance

- Based at Kooringal sleeping in the dorms and outside
- Supervised activities / encounters take place around the property
- Walking / swimming / exploring / rafting / Cultural session





Year 5 Camp

- Equipment List
 - It looks excessive for 3 days
 - Boys get dirty
 - It can be cold, hot, wet, dry and everything in between
 - It is consistent throughout the years
- Medical Information
 - Consent2Go







Year 6 – Nature Play

- Drawing on Year 5 experiences
- outdoor activities
 - Bushwalk
 - Expedition Campout
 - Canoe
- Just spend time outdoors Mia mia /shelter building





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Year 6







Year 7 – A new start for all

- Focus on getting to know people relationship building
- New students learn from old students
- Everyone on the same level
- Leadership opportunities
- Program includes:
 - 2 day expedition bush walk to campsite and canoe back to Kooringal
 - Kooringal Abseil / Rock climbing, Indigenous session , Raft Building, Orienteering, Initiative Games





Year 7







Year 8 – 10 Program

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- Year 8 Cape to Cave
- Year 9 Nine days of opportunity
- Year 10 Venture





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Outdoor Education They don't always get it right





Most of the time they do







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Journaling

- A pivotal part of the outdoor program
- Helps with reflection and to process the experience
- Collected in a folder and returned at graduation







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Reading from Year 5 Boy's Diary

'In my magic spot I can hear the water rushing by slightly drowning the calls of birds whistling to each other. My area is surrounded by canopy after canopy blossoming. The gentle flow of the flowing river engulfs the surroundings in a calming aura. Fish skittle along in the deathly still rock pools.'





Abseil & Rock Climbing Personal challenge, teamwork, trust









Environmental / Cultural Awareness





Expedition

- Challenge
- Leadership
- Resilience
- Organisation
- Responsibility







Cooking







Bushwalking **KOORINGAL** OutDOOR EDUCATION Teamwork, co-operation, communication







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Canoeing Challenge, fun, skill progression







White water canoeing







Living together outdoors





Questions?



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