



# KOORINGAL OUTDOOR EDUCATION CENTRE

# Year 5 Camp Information 2022

Outdoor Education and participation in the program at Kooringal is seen as a significant and compulsory part of a Christ Church Grammar School student's education. The activities and challenges of camp are designed to promote an enhanced awareness of self, living with others and the environment.

Kooringal is the school's Outdoor Education Centre, approximately 90 km South of Perth. Accommodation is in dormitories, with a fully equipped kitchen and dining facilities. Meals are fully catered, hearty and nutritious, there is no extra food required by the boys.

The program makes full use of outside areas, including areas of natural bush and the Murray River.

Each Year 5 Outdoor Education Camp will run for three days, the boys will be involved in a variety of activities including bushwalking, environmental awareness, campcraft skills, rafting and camping.

Please find attached a list of items required for the camp, many of which are available from the Uniform Shop. It is not necessary to buy new equipment; borrowing or hiring are both good options. A similar equipment list is issued for the Year 6, 7, 8, 9 and 10 Outdoor Education experiences; therefore, your son will make good use of the items if you do decide to purchase them.

#### **Dates:**

- 5JJ Wednesday 12 October Friday 14 October
- 5JB Wednesday 12 October Friday 14 October
- 5SH Monday 17 October Wednesday 19 October
- 5RG Monday 17 October Wednesday 19 October
- 5CF Monday 24 October Wednesday 26 October

The following guidelines apply to all groups:

- Boys are to leave their big bags downstairs at Manjar Square by 8.30 am and then assemble in their classroom to be ready for a 9.00 am departure.
- Boys will <u>return to school at 2.30pm</u> and can be collected from the bus bay in Queenslea Drive.
- Boys should bring a small backpack with a full one-litre water bottle, pen and hat on the bus to assist them with their personal organisation.
- All meals will be provided by Kooringal staff. Boys are not permitted to bring any food with them, unless it is for medical reasons and by prior arrangement with the Director of Kooringal.
- Any queries should be directed to your son's class teacher, or Kooringal staff on 9538 1061 / kooringal@ccgs.wa.edu.au.

#### COVID-19

- Students exhibiting symptoms typical of an infection illness (e.g. fever, sore throat, cough, runny nose, vomiting or diarrhoea) or have been in close contact with someone who has these symptoms, must exclude themselves from the camp. This must be discussed with their classroom teacher and the Director of Kooringal
- Student's will be required to RAT prior to attending camp.
- Students will be required to supply facemasks for the duration of bus journey to and from Kooringal.

#### **Clothing and Equipment** General Advice

The list below contains the items required for the various conditions and activities you may encounter during your camp. Depending on weather conditions, you will use all or most of them so please bring **EVERYTHING** listed, except where indicated optional.

# Travelling Clothes

The clothing you travel to camp in is **additional** to your clothing list. Travelling clothes will be put away to ensure you have a clean set of clothes in which to return home.

### Medications

If you are on any prescribed medications they must be provided in a webster pack, please bring them with you and inform your class teacher who will inform the Kooringal staff. Make sure details concerning medications etc are accurately outlined in Consent 2 Go.

#### **CLOTHING AND EQUIPMENT LIST**

Most equipment and clothing can now be purchased from the Clothing service. Phone 9442 1716 for advice.

- Waterproof jacket
- Sleeping bag
- 1 x woollen or polar fleece pullover light to medium for general use
- 1 x pair tracksuit pants or similar
- Hat with broad brim for sun protection
- 1 x pair bathers
- Tube of insect bite cream
- Torch lightweight, two battery, head torches are ideal, have 1 set of spare batteries and globe. Remember to remove batteries for transport
- 1 x heavy duty large plastic bag for dirty clothing
- 30+ Sunscreen
- Swim wear boardshorts and rash vest
- Novel / reading material
- 1 litre water bottle eg. soft drink bottle, NOT milk bottles
- Thongs / slides / sandals

- 1 x pair of sports shoes or lace up walking boots, must be durable and in good condition - Not elastic sided boots
- 1 x pair of shoes that can be worn in the water (eq. old sports shoes or booties)
- 2 x T-Shirts or long sleeved cotton shirts
- 2 x pair of shorts
- 2 x pairs light to medium wool or wool/nylon mixture socks
- 2 x towels
- 3 x pairs of underwear
- Bathroom Kit: include soap, roll-on deodorant, toothbrush/paste, comb
- Writing material (pencil/pen/notebook/coloured pencils - in pencil case)
- Roll-on insect repellent
- Pillow and pillow case

#### **OPTIONAL ITEMS**

- Camera (disposable and waterproof Card games is recommended)

# MARK ALL EQUIPMENT AND CLOTHING WITH YOUR NAME TO AVOID CONFUSION OR LOSS

#### THE FOLLOWING ITEMS ARE <u>NOT ALLOWED</u> TO BE BROUGHT TO CAMP

- Electronic games, mobile phones etc
- Extra food or 'junk' food such as chips, lollies, chocolate, chewing gum etc
- Aerosols or pump packs
- Any items contrary to normal school rules
- Any form of pocket knife

**Sleeping bags** are preferably of a synthetic material such as Quallofil or Hollofil as this type will maintain some warmth even when wet. The sleeping bag available in the school clothing store is ideal. A sleeping bag liner is highly recommended, it improves the thermal qualities of the sleeping bag and helps keep the bag clean. A bag liner can be made from an old sheet or from a length of rayon or silk material or may be purchased from outdoor equipment shops.

Enclosed **footwear** should be worn at all times during out door activities. Thongs, sandals or scuffs may be brought to Camp, but are ONLY to be worn between the showers and the dormitories.