

Christ Church Grammar School students' Outdoor Education adventure with St Hilda's

Over the weekend Christ Church Grammar School farewelled sixty-seven Year 8 students as they travelled down south to begin their Cape to Cave experience.

The Cape to Cave program brings boys and girls together in a non-competitive environment with a focus on social skills.

This combined Outdoor Education experience sees a team of experienced Kooringal and St Hilda's outdoor educators guiding the group on a five-day journey through WA's South West region.

The adventure includes bushwalking, caving, abseiling, and learning about the local Aboriginal culture. Communication is central to this experience as is collaboration and leadership.

The program is part of Christ Church's sequential Outdoor Education curriculum, introducing students to a range of physical, social and cultural activities at certain ages and stages of development.

A first of its kind in Western Australia, the Cape to Cave experience builds upon prior skills and experiences the boys have attained at the School's Outdoor Education facility, Kooringal which is located near Dwellingup.

At Christ Church, students commence their Outdoor Education in Year 4 and every subsequent trip to Kooringal, is designed to further develop character and skills through the promotion of self-reliance, leadership, teamwork, responsibility, healthy risk-taking and environmental care.

Christ Church Grammar School Principal Alan Jones said the boys thoroughly enjoy their outdoor education program and the opportunity to be out in nature.

"The School has seen a noticeable difference in the boys who return from the trip, significantly in their confidence in building positive relationships with their female peers," he said.

"They also return more independent children, which is built through skills such as camping, cooking, survival skills, and cleaning up after themselves.

"Outdoor Education is an essential component of our curriculum at Christ Church, promoting physical activity and personal growth.

"The Cape to Cave program is a testament to the power of collaboration, bringing together boys and girls from two different schools to achieve a common goal."

For further information:

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