



Christ Church Grammar School

PERTH, WESTERN AUSTRALIA

Year 10 Venture – 2023 Program Information

Venture is seen as a significant and compulsory part of a Christ Church student's education and is the culmination of their Outdoor Education experiences.

Venture provides a real challenge and is a true highlight of an education at Christ Church. As an extension of the Koorungal experience, it provides students with unique opportunities to journey through remote landscapes, consider environmental issues, experiencing fragile wilderness areas, campsite etiquette and behaviour essential to the protection of the delicate ecosystem in the south west of the State.

All boys participate in group expeditions in the D'Entrecasteaux-Walpole region on Pibelmen and Minang Noongar Country. They walk through tall karri and jarrah forests, among the banksias of low-lying swamps and along the sand dunes and beaches of the south coast. The groups camp at sites between Windy Harbour and Broke Inlet, on the Nornalup Inlet and near the mouths of the Gardner, Shannon, Deep and Frankland Rivers.

One of the aims of Venture is to provide boys with challenging, yet safe, experiences in the outdoors. They are given opportunities to develop self-confidence and responsibility. Although Venture has a clear expeditionary focus, groups will also canoe or raft the Broke and Nornalup Inlets. Boys need not have previous experience in these activities. Qualified staff in kayaks or powerboats will monitor all water-based activities. All safety equipment is provided for the students.

Please see the equipment list which details the items required for Venture, many of which are available from the Uniform Shop. It is not necessary to buy new equipment; borrowing or hiring are good options.

Please make a note of the important Venture dates for your son. The Venture Fridays are imperative for adequate preparation for Venture.

Venture Dates

Venture Friday 1	Friday 27 October	1.20pm – 3.30pm
Venture Friday 2	Friday 3 November	1.20pm – 3.30pm
Venture Friday 3	Friday 10 November	All day
Final Preparation day	Monday 13 November	All day
Venture 2023	Tuesday 14 – Friday 24 November	6.30am

The following guidelines apply to all groups:

- On Tuesday 14 November Boys are to assemble in their Venture Rooms at 6.30am for prompt departure from the School at 7.00am
- Boys will return to the School from 3.00pm (Groups may be delayed for numerous reasons, School Reception will be updated on return timings, you must know your son's Venture group number).
- All food will be provided by Koorungal staff. Boys are not permitted to bring any food with them, unless it is for medical reasons and by prior arrangement with the Director of Koorungal.

Medications and Dietary requirements

- To ensure the health and safety of all students on program, it is imperative that parents disclose any and all (prescribed and non-prescribed) medication their child will be supplied with for the duration of the program. When requested by staff your son must hand over his medication to ensure safe storage and administration. Staff cannot be held responsible for any adverse medication events when these two requests are not adhered to.
- All prescribed medications must be provided in a **Webster Pack** and handed to your son's group leader on the bus and will be taken under the supervision of staff.
- Ensure details concerning medications and any specific dietary requirements are accurately outlined in the 'Consent2Go' profile. Students are not to bring non-prescription medications to Venture. These may include, paracetamol, antihistamines, anti-inflammatories etc.

Health

- Please ensure that the School is fully informed of any general physical health, mental health including social / emotional challenges your child may be encountering. (C2G notes and a discussion with HOH/Tutor and the Director of Kooringal)
- Students who are required to carry an EpiPen due to the possibility of an anaphylactic reaction **must bring two EpiPens on Venture** with a physical copy of their "action plan" included in their Anaphylaxis kit.
- Students who have Anaphylaxis or Severe Asthma are to have a current **"Action Plan"** uploaded to their 'Consent2Go' profile.
- Diabetic students must have an up-to-date "school camp" check list and management plan from Diabetes WA and have met with School Staff prior to Venture.

School contacts:

You may contact the Director of Kooringal, Mr. Ryan Myles on 9538 1061 or email at rmyles@ccgs.wa.edu.au or Director of Activities, Mr. Neil Saggars at nsaggars@ccgs.wa.edu.au. Please include your son's Head of House in any communications.

Post program feedback is very welcome and we would value your input into any aspect of the program. General enquiries can be emailed to Kooringal@ccgs.wa.edu.au.

Yours sincerely,



Ryan Myles
Director of Kooringal





YEAR 10 VENTURE 2023

This equipment list and information bulletin will enable you to begin preparing your equipment for Venture as preparation is one of the keys to a successful journey. *Please make sure that you thoroughly read through the list and the accompanying notes.* Students will be able to ask the group staff member for more detailed information at subsequent Venture planning meetings leading up to Venture or can contact Koorungal staff. It will be your responsibility to ensure that the gear you take with you is appropriate and that you are suitably equipped to undertake all activities.

Take care to double check this list, inadequate equipment could result in participants being uncomfortable, detract from their experience and/or jeopardise their safety. At the same time be careful not to over pack as what you pack you have to carry.

All the items listed are **essential** and must be provided by you:

EQUIPMENT		CLOTHING AND PERSONAL GEAR	
1	Expedition Backpack- see notes	1	Lightweight nylon or polyester blend trousers or tracksuit pants
1	Sleeping Bag- see notes	1	Wool or Polartec (fleece) long sleeved jumper- not cotton based
1	Sleeping Mat-closed cell foam or inflatable Max size: 180cm x 50cm x 1cm (foam) or x5cm (inflatable) *	2	Thermal top and thermal legs- see notes
1	Waterproof Jacket and Pants- see notes	2	Pair of Shorts (one to walk in and one for water activities)
1	Hiking Boots or suitable hiking shoes- see notes	2	T-Shirts
1	Ground sheet 200cm x 100cm (plastic)	1	Long sleeved shirt (lightweight)- an old business shirt for sun and insect protection
10m	3mm Venetian Blind Cord (spare cord for setting up hootchie, share with hootchie partner)	6pr	Long woolen or nylon/wool blend full length socks (no ankle length) and no cotton socks
10	Lightweight Tent Pegs (alloy, share with hootchie partner)	6pr	Underwear
3	1 Litre Water bottles- see notes You must have 3Lt minimum	1	Broad brimmed hat and beanie (wool or thermal)
1	Small Head Torch (with spare batteries)*	2	Tea towels
1	Plate, bowl, cup, spoon, fork and knife- strong plastic or aluminum.	1	Toothbrush, toothpaste, (any other toiletries you may need.) No aerosol cans.
1	Personal First Aid Kit- see notes	60ml	Antibacterial hand gel
2	500ml wide mouth screw top plastic container, for rehydrating meals, powdered milk etc	1	Mosquito net- Four / Six point attachments (not a single point attachment) share with hootchie partner
6	70cm x 90cm tough garbage bags (heavy duty- glad bags, without drawer sting are the best for waterproofing and rubbish)	1	Sandals with heel strap that will not come off in water.
1pr	Gaiters- need to go nearly all the way to the knee, no 'ankle' style	1	Sunglasses, with nylon cord, so you don't lose them in the water
1	Sunscreen, insect repellent (No aerosol, see first aid kit notes)	1	Venture handbook
1	Whistle		OPTIONAL -Small microfiber travel towel./ Digital Camera
ALL FOOD, COOKING EQUIPMENT AND A PERSONAL SHELTER WILL BE PROVIDED			

NOTES ON EQUIPMENT

It is not necessary to buy any or all of this gear new (details about gear hire are mentioned below) and you can obtain second-hand gear through contacts at school, i.e. last year's Venture group now in Year 11, the school clothing service, second hand items for sale on the school website and 'Op shops'. Outdoor specialist stores and disposal stores will be happy to help and advise you on major equipment items. There are too many good brands for us to recommend any single item, however, the following guidelines have been adopted to assist you.

Expedition Backpack

Your pack must be able to withstand the environment experienced on an extended expedition and be able to carry all the equipment, clothing and water listed in addition to the cooking equipment, food and shelter provided by the school. The **ideal volume will be 70-80 litres** with a minimum of 70 litres. It should be made of canvas or cordura material, it needs to have an **internal metal frame**, be **well padded** on the **adjustable shoulder straps** and have a **padded waist belt**. Travel style backpacks are not suitable as they are difficult to waterproof effectively and typically have poor harness systems. CCGS has a number of backpacks available for hire

Sleeping Bag

A good sleeping bag is the most important item of equipment in your pack. The most suitable bag for an extended expedition like the Venture will be a single layered "Hollofill" or "Dacron" filled bag that is rated to approximately 0°C and be **compact and easily dried** if it gets damp.

Waterproof Jacket and Pants

Although Venture is in November good waterproofs are essential. The recommendation is a **thigh length shell** with a **storm hood and cuffs**; it should be of **lightweight material**, with reasonable 'breathing' properties, made from one of the many breathable material like, Hydronaut, eVent or Gortex. Ordinary "Nylon" raincoats are not suitable since they tear too easily and "poncho" style raincoats do not provide effective weather protection.

Suitable Footwear

For the majority of the terrain being covered at Venture a pair of soft leather, suede or synthetic, comfortable, well fitting boots or trainers that support the foot are all that is required. An additional pair of strapped sandals of the "Reef" or "Teva" style are essential for canoeing/rafting and around campsites. Thongs are not permitted. Closed toes shoes **must** be worn when cooking. **The wearing of full length gaiters is also compulsory** while bushwalking. They clip onto your boots, help avoid snakebite, prevent scratches to your legs and stop mud and grass seeds getting into your boots.

Personal First Aid Kit

Although a comprehensive group First Aid Kit will be carried by the Group Leader, the following items should be carried by individual group members:

- Blister block
- 1m x Fixomul
- Small roll of strapping tape,
- Elastoplast strips,
- 2 x hydrolyte tubes
- 1 x roll of toilet paper

Water Bottles

Preferably wide mouthed; 3 x 1 litre are more versatile than a 1 x 3 litre bottle. 'CamelBak' and similar hydration systems (bladders) are not suitable as a sole source as they contain too many parts that may fail. Students must carry water bottles as well as a bladder. The water bottles can be kept empty but will be required as a back up.

Thermals

Made of wool or polypropylene, these are worn as a base layer and highly effective at trapping body heat, even when wet. Compression garments (ie. Skins) are not a substitute as thermals, they provide no insulation when wet.

If you have any questions on equipment please call Koorinal on 95381061 or email Koorinal Staff – kooringal@ccgs.wa.edu.au

Preferred Equipment Suppliers : The suppliers below are familiar with CCGS outdoor programs and can offer significant discounts to CCGS Students.

- **Paddy Pallin Perth Store, 884 Hay St, Perth Phone: 08 931266**
- **Kathmandu Cottesloe Store, Cottesloe Central. Phone: 08 9383 4910**
- **Outdoor Ed - 81a Dixon Rd Rockingham W.A. 6168 Phone: 08 9528 5255**