

# PREPARATORY SCHOOL CANTEEN MENU TERM 1, 2024

brought to you in partnership with chartwells

if you have any allergens or dietary needs, please speak to our friendly staff members who can give advice.

the canteen is open after school from 3.00pm to 3.30pm Monday to Thursday

9442 1583

canteen@ccgs.wa.edu.au

prices may alter without prior notice

lunch orders cannot be taken via email or phone

# DAILY LUNCH SPECIALS

#### MONDAY

tandoori chicken drumstick with steamed rice \$8.5

penne pasta bake with tomato sauce & feta \$8.5

mrs mac sausage roll \$5.0

### TUESDAY

teriyaki beef & vegetables with coconut rice \$8.5 cheeseburger with salad & sauce \$7.5

## WEDNESDAY

pasta bolognaise with melted cheese \$8.5

pulled pork torpedo roll with cheese, salad & bbq sauce \$8.5

#### **THURSDAY**

lamb rogan (mild) with steamed rice \$8.5 thin crust pizza slice with bbq chicken & Spanish onion \$7.0

#### **FRIDAY**

| sausage sizzle with | sauce |   | \$6.0 |
|---------------------|-------|---|-------|
| mrs mac sausage ro  | oll   | : | \$5   |
| mrs mac beef pie    |       | 9 | 55.5  |

## sandwiches and wraps

| assorted sandwiches                     | \$5     |
|---|---------|
| assorted rolls                          | \$7     |
| assorted wraps                          | \$6     |
| lection of fillings made fresh daily    |         |
| icken ogg ham tung salami hoof turkey r | nivad s |

chicken, egg, ham, tuna, salami, beef, turkey, mixed salad, cucumber, lettuce, tomato, cheese, avocado, carrot, onion, mayonnaise, mustard, pickle.

vegemite/jam/honey sandwich \$3

# light bites

| corn chips with tomato salsa | \$4   |
|------------------------------|-------|
| rice crackers with tuna      | \$4.5 |
| vegi stixs & dip pots        | \$3.5 |
| picnic box                   | \$6   |



# PREP SCHOOL SPRING CANTEEN MENU TERM 1, 2024

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| SUSHI                                       |                             |                                |       |       |
|---|-----------------------------|--------------------------------|-------|-------|
| sushi roll (5 pieces)                       |                             |                                | \$6.7 |       |
| Cooked tuna , v                             | egetable,                   | teriyaki <mark>chicke</mark> n |       |       |
| FRUIT                                       |                             |                                |       |       |
| fru <mark>it</mark> salad <mark>cu</mark> p | os                          |                                | \$5.0 | )     |
| piece of fruit                              |                             |                                | \$1.0 | 0     |
| S <mark>N</mark> ACKS                       |                             |                                |       |       |
| yog <mark>hu</mark> rt                      |                             | Ş                              | 3.0   |       |
| yogo  |                             | \$                             | 3.0   |       |
| jelly cu <mark>p</mark>                     |                             | \$                             | 3.0   |       |
| <b>a</b> pricot b <mark>it</mark> es        |                             | :                              | \$2.5 |       |
| grain wav <mark>es</mark>                   |                             | 5                              | \$2.7 |       |
| red rock cris <mark>ps</mark>               |                             |                                | \$3.2 |       |
| <b>c</b> heese and cra                      | ckers                       |                                | \$2.5 |       |
| <b>p</b> opcorn                             |                             | \$                             | 2.5   |       |
| beef jerky 25g                              |                             | 9                              | \$4.5 |       |
| beef jerky 50g                              |                             | 9                              | \$6.0 |       |
| sauce sachets                               |                             | ;                              | \$0.5 |       |
| tomato, bbq, sweet ch                       | n <mark>illi, must</mark> a | ard and mayonnai               | se    |       |
| BAKERY                                      |                             |                                |       |       |
| muffin of the                               | day                         |                                | \$4   |       |
| pastry of the                               | day                         |                                | \$4   |       |
| banana bread                                | l                           |                                |       | \$4.5 |
| giant cookie                                |                             |                                | \$4   |       |
|   |                             |                                |       |       |

## DRINKS

| water 600mL                 | \$2.5 |
|-----------------------------|-------|
| sparkling water 600mL       | \$3.5 |
| pump 750mL                  | \$4.7 |
| flavoured milk 300mL        | \$4.0 |
| flavoured milk 600mL        | \$6   |
| hiLo milk 225mL             | \$3.5 |
| emma and tom's juices 350mL | \$4.7 |
| emma and tom's juices 450mL | \$4.9 |
| fruit juice box             | \$2.5 |
| up & go 350mL               | \$5.0 |
| glee 250mL                  | \$2.9 |
|                             |       |

## ICE CREAMS

| zooper Dooper              | \$1.5 |
|----------------------------|-------|
| moosie                     | \$2.5 |
| lemon / raspberry icy pole | \$2.5 |
| vanilla bucket             | \$2.5 |
| froyo                      | \$3.5 |
| milo Cup                   | \$4.5 |

